

woolpower

Knit or crochet a little hat. Return it to us by 30th September. innocent will then pop it on one of their smoothie bottles, and give Age UK Somerset 25p for every behatted drink sold to help us be there for older people who have no one else to turn to.

Please can you help us reach our target of 15,000 hats?

There is a basic pattern inside but if you'd like more patterns or information please:

visit

www.tinyurl.com/ageuksomersetbigknit

email

info@ageuksomerset.org.uk

or call

01823 345610



This year's BIG KNIT runs until 30th September but the sooner we get your hats, the better.

Please contact us to see if there is a local drop off point, or send your knitted little hats to:

**Age UK Somerset,
Ash House,
Cook Way, Taunton,
Somerset, TA2 6BJ**

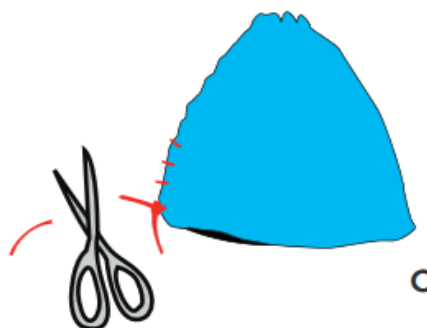
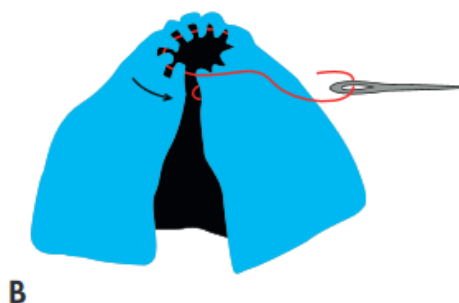
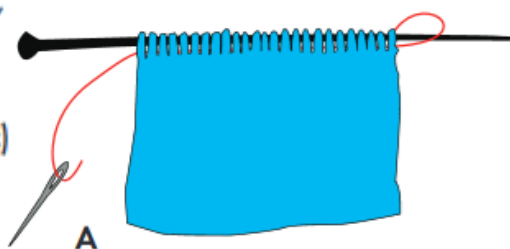
THANK YOU!

Registered Charity: 1015900

PATTERN

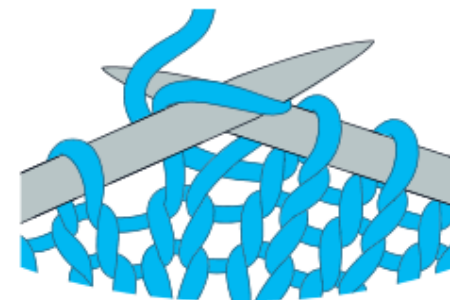
Hat

1. Pop your feet up with a cup of tea
2. Using double knitting yarn and some small needles, cast on 28 stitches
3. Knit 2 rows. Then, starting with a knit row, work in stocking stitch (knit 1 row, purl 1 row, knit 1 row etc) for 12 more rows
4. For the next row, knit 2 together to the end (14 stitches). And for the row after that, purl 2 together to the end (7 stitches)
5. When you've finished, cut the yarn leaving about 25 cm. Thread the cut end of the yarn through a sewing needle, then run it through the loops and remove the knitting needle (fig. A)
6. Tighten the yarn (fig. B) and sew the little hat together at the side (fig. C). Once finished, turn it right-side out so that the seam you've just sewn runs up the inside
7. Just to check you're on the right track we reckon when laid out flat, the hat dimensions should be about 5-7cm along the bottom and at least 3cm high
8. Sew a little bobble onto the top of the hat. If you didn't learn how to make bobbles at school like us, ask at your local wool shop or department store, they'll be able to help you

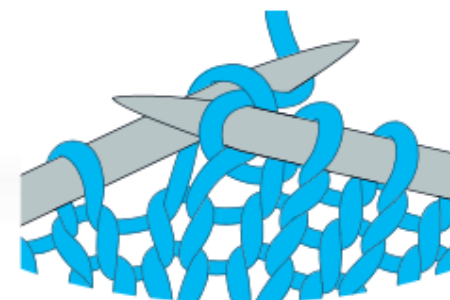


HOW TO KNIT

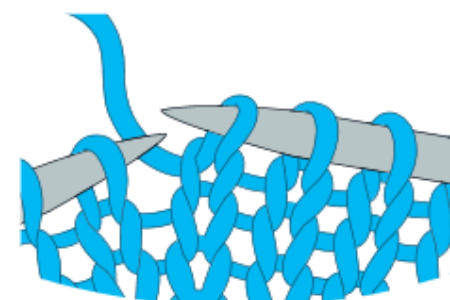
1. Insert the tip of the right needle through the first loop on the left needle, from front to back. Then wrap the working yarn around the tip of the right needle



2. Pull the tip of the right needle and the yarn through the loop on the left needle



3. Slip the old loop off the left needle to complete the stitch. Continue knitting stitches in this way until all the stitches on the left needle have been knitted onto the right needle. You have now completed one row of the knit stitch. Now pat yourself on the back



There are lots of videos on YouTube to help you cast on and off to start and finish your knitting. To cast on -> <https://youtu.be/sCUPND2plu0?t=25>

little hats

big difference

- 1 Grab some wool, knitting needles and find a comfy chair.
- 2 Knit a little woolly hat or two.
- 3 Drop your hats at a Big Knit local drop off point, or send them to our office in Taunton.



- 4 For every be-hatted smoothie sold we'll receive 25p!



- 5 All those little hats will add up to more friendships and smiles as the 25ps are put towards projects to help local older people who are struggling with loneliness.



- 6 Together we make the world a better place and raise a smile like this.
Thank you!

